

### LIFE INITIATIVE

### مباحرة حياة



First Aid Initiative for School students: Training the target groups on the principles and skills of First Aid. Initiative start date: 2016

www.um.edu.sa









### Welcome to AlMaarefa University

AlMaarefa University (UM) is a private establishment of higher education, designed to fulfill a recognized public function, by meeting clearly identified needs in important domains for national development. By adopting an innovative approach to teaching and learning, and by making intensive use of cutting-edge educational technologies.

"We prepare high caliber participants in a knowledge based society and to motivate creativity, excellence in research, education, and community service."



## What Do You Know About Life Initiative?

AlMaarefa University (UM) has made advanced progress in reducing health disparities and literate against health, illness and preventable diseases. UM believes that healthy lives and promotion of well-being should be for all at all ages.

#### **Health impact**

Since its inception, UM has made an impressive advancement on many health fronts to meet the Sustainable Development Goal (SDG 3) and to meet the health targets as per Saudi Vision 2030. UM believes that progress must be accelerated, in particular in local, national and international levels to reduce the highest burden of diseases of the disadvantaged and vulnerable population across the Kingdom of Saudi Arabia (KSA).



# What Do You

Know About Life Initiative? The initiative is currently being implemented. AlMaarefa University (UM), through the Social Responsibility Unit, has made advanced progress in reducing health disparities and literate against health, illness and preventable diseases. UM believes that healthy lives and promotion of well-being should be for all at all ages. UM organizes awareness lectures and trainings that are related to Good Health & First Aid to expand the horizon of serving students and beneficiaries to provide them with distinguished services.





### **Initiative Goals**

Training on cardiopulmonary resuscitation skills, airway obstruction, and various injuries in schools. UM organizes awareness lectures and trainings that are related to Good Health & Well Being to expand the horizon of serving students and beneficiaries and provide them with distinguished services

Reducing the occurrence of serious complications of emergency situations in the surrounding environment.







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The university seeks to promote health among school students

#### Sustainability in Providing this Service is one of our Goals





### **Sustainability**



The existing of financial support and sustainability of the project by the university



Allocating an adequate budget within the budgets of service programs at the university



Providing consultations to equip clinics inside schools



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### The Number of Students Benefiting from the Initiative

Number of students benefiting from the initiative by year. Note 2021 was online teaching





### **Pictures from the Initiative**













## Our Future Target

- 01
- Moving to new areas in schools outside Riyadh
- 02

03

- Targeting schools in the countryside .
- Sustainability of the initiative











## **University Contact Information's**

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# **THANK YOU**